



Happening This Week

Club Meeting

Westerville Sunrise Meets at The Old Bag of Nails Pub 24 N State St Fl

Westerville, OH 43081-2119 Time: Wednesday at 07:15 AM

Speakers

February 21, 2024 Tory Ivan Mental Health

First Aid-Menta Health of America February 28,

2024 Michelle M. Brown Children's Hunger Alliance March 06, 2024

Paul Kulik Peace Builders March 13, 2024

Janet Davis Westerville Chamber - 50th Anniversary Music/Arts Fest

Birthdays

Craig H. Watterson February 19th Eugene L. Hollins February 21st Gregory Ruban February 24th Robert P. Freed February 25th Mark Morgan February 26th Craig D. McGuire March 3rd Paul E. Kulik March 5th Ruth I. Stenberg March 7th Michael Ley Collins March 10th Thomas F. Schmitt March 12th John O'Connor March 16th Patrick C. Kemmer March 17th



February 21, 2024

Program: Mental Health First Aid Speaker: Tory Ivan

Greeter: Josh Plieninger Invocation/Pledge: Chuck Durant

Rainbow Reflection: "Speak with Positive Intentions"

Save the Date! Upcoming Social and Service Events

By Julie Ann Colley



Save the Date! Upcoming Events

Feb 24: District Assembly

Feb 26: STAR House Monthly dinner

March 16: WARM Sorting

April 13: 30th Anniversary Celebration Apr 19-21: Rotary District Conference

WARM Food Pantry Volunteers - Save the Dates!

By Mary T. Chandler



Rotary volunteers strengthen our community in many ways. One Saturday per quarter we sort and box food at the WARM warehouse at 150 Heatherdown Drive from 10 am to noon. Our scheduled Saturdays in 2024 will be:

- March 16
- June 8
- September 7
- November 9

Please sign up using the Sign Up Genius link

https://www.signupgenius.com/ go/20F0B44ADA729A0F85- 47059066-warm

We invite you to join in on the fellowship and fun. Feel free to invite your family, friends, and prospective Rotarians to join us too. A sign-up website will be available in the coming weeks. For more information, please contact Mary Chandler at (614) 523-0437.

Years of

03-14-2001 23 Years Jeffrey A. Daniels 02-26-2003 21 Years Michael K. Fultz 03-09-2005 19 Years Patrick C. Kemmer 03-09-2005 19 Years Richard James Mannino 03-16-2005 19 Years Diane Jean Conley 03-10-2010 14 Years Julie Ann Colley 02-29-2012 12 Years Ron Pusateri 02-27-2013 11 Years John R. Kellogg 02-26-2014 10 Years

Robyne A. Vasselo 03-19-2015 9 Years John Logue 03-01-2017

7 Years Mark A. Massen

7 Years

David A Lilley

03-01-2017 7 Years

Kenneth L. Wright

02-28-2018

02-28-2018 6 Years

Charles Edward Durant Jr. 02-27-2019 5 Years

6 Years

James T.

Theresa

Petraszak

02-27-2019 5 Years

Jason Seeley 02-27-2021 3 Years

John O'Connor 03-08-2023

1 Year Leigh Hollins 03-08-2023

1 Year

Andrew Tompkins 03-11-2023 1 Year

03-01-2017 7 Years Helka Christine Casey 03-01-2017

Star House Monthly Dinner

By Chris Herbert

Make a difference for homeless youth at Star House by helping prepare or serve a family meal. Westerville Sunrise Rotary, in partnership with our friends in the noon club, hosts a Family Dinner once a month on Mondays. Our scheduled Mondays in 2024 will be:

- February 26
- March 18
- April 22
- May 20
- June 24
- July 22
- August 26September 23
- October 28
- November 18
- December 16

We need 4 or more people to serve food, and many more to help prepare the meal.

 $Please \ sign \ up \ \underline{here} \ to \ cook \ or \ serve \ family \ dinner \ at \ Star \ House \ on \ February \ 26th. \ We \ will \ be \ serving \ chicken, \ pasta \ and \ salad.$



Rotary 125 Club

By Rick Rano







125 CLUB

Recognizing Rotarians who contribute \$100 or more to the Rotary Foundation's Annual Fund and \$25 or more to PolioPlus for the 2023-2024 Rotary Year.

Two Options to Give

Log into your My.Rotary.org account using your Rotary ID and contribute \$100 or more to The Rotary Foundation's Annual Fund and \$25 or more to the PolioPlus Fund:

OI

Use the District's giving app by going to

2 https://givebutter.com/125_club or scanning this QR Code

(Note: Givebutter applies a \$5.33 credit card convenience fee)



- When you receive your District 6690 125 Club pin, WEAR IT PROUDLY!
- Encourage fellow Rotary members to join the 125 Club! Last year, over 900 Rotarians in District 6690 joined the 125 Club - will you join this year?









Rotary History

Did you know that Rotary has TWO official mottoes?

Service Above Self is the primary motto, while One Profits Most Who Serves Best is also an official motto of Rotary.

You can read more about the history of these two mottoes here: https://www.rotary.org/en/rotary-mottoes



ShelterBox HERO Club

By Michael Herron on Sunday, February 11, 2024

Westerville Sunrise Rotary is a ShelterBox HERO Club!

A ShelterBox HERO Club is a Rotary Club that has committed to making an impact in worldwide disaster response by giving \$1,000, \$3,000, or \$5,000 within the Rotary year.

HERO Clubs enable ShelterBox to have the resources and time to be ready when disaster strikes by allowing ShelterBox to purchase and pre-position aid in or near countries where they respond often, resulting in a more efficient and timely response.

The need is real: Right now, more than **100 million people** around the world have lost their homes to disaster and conflict. Shelter Box, in partnership with Rotary, is working to change this. By providing emergency shelter, tools, and household supplies to displaced families after a disaster, the Shelter Box enables families to begin to rebuild and recover, transforming despair into hope.



Frontline Medical Ukraine update

By Eugene L. Hollins

Ret. Gen. Mark Arnold again thanks all the supporters of his Ukrainian medic training mission and has provided a recent update on the roll out of the training $\hat{a} \in \mathbb{C}$ numerous dispersed training sites. Mark will head back to Ukraine in the coming months to oversee the roll out. Relatedly, Sunrise Rotary and UCAO are working on a partnership with DHL to ship other medical equipment to Ukraine.







Enlighten your fellow Rotarians. Suggest a speaker to brighten our day! No reasonable suggestion refused. But your guest must be willing to attend in person. Email Bob Stewart at: bob@smartbusinesssystems.com or Jim Caldwell at JTCFMS@aol.com



Westerville **Sunrise** Rotary Club

Meeting Location

Every Wednesday @ 7:00 am

The Old Bag of Nails Pub Third Floor 24 North State Street Westerville, OH 43081

PO Box 1200 Westerville, OH 43086

Westerville Sunrise Hotline 614-523-7777



Club Leaders



Michael Herron Club Grant Coordinator President





Tiffany McGinnis President-Elect





James T. Caldwell Vice President





Patrick Knott Treasurer



Jamie Maze Club Director Club TRF Chair



Anthony Mujic Club Director









Club Director **Heather Linch**

Lawrence Rick Sellers



Club TRF Chair



Rick Rano Club TRF Chair

Bob Stewart

Club Director

Club Programs Chair



Anne M VanBuskirk **Bulletin Editor** Club Director





Thomas Strasburg Club 501c3 Chair/President